



Physical Therapist Assistant

Job Title: Physical Therapist Assistant (PTA)

FSLA Classification: Non exempt

Department: Rehab

Supervisor: Rehab Director

Job Summary

Under the direction and supervision of the Physical Therapist, PTA provides physical therapy services to participants of Fresno PACE following the plan of care of the Physical Therapist.

Essential Job Functions

- PTA assist the physical therapist in the treatment of Fresno PACE participants who have medical problems and health related conditions that limit their abilities to move and perform functional activities in their daily lives
- Provide regular updates to Physical Therapist on participants' status in therapy.
- Follow through and training with adaptive equipment and durable medical equipment (DME) for participants such as walkers, orthosis and prosthesis
- Assist in ensuring participant and staff safety
- Participate in meetings as indicated (morning, team, family, nursing facility, assisted living facility, and hospital).
- Provide treatment as indicated following plan of care from Physical Therapist's Assessment
- Utilize appropriate safety measures when providing care.
- Work as part of rehab team to provide physical therapy services under the direction and supervision of the physical therapist
- Educate staff, participants, and family on therapy services available in the rehab department
- Instruct, and supervise other staff, and/or family members on therapy program to be carried out by individuals other than a physical therapist/ physical therapy assistant
- Assist in observing participants and collaborate with Physical therapist regarding progress or decline of participant
- Supervise restorative aides as assigned, including all areas of performance consistent with departmental policies; report as required to supervisor regarding these issues.



- Provide orientation and training in regards to body mechanics and lift equipment to newly hired staff as requested.
- Complete documentation in a timely manner, write daily notes and progress reports
- Adjust schedule as needed to meet the needs of Fresno PACE participants.
- Maintain confidentiality regarding participant, staff, contractor, and organizational information
- Treat participants with respect and safe technique

Non-Essential Job Functions

- Attend and participate in staff meetings, in-services, projects, and committees as assigned.
- Adhere to and support the center's policies, practices, and procedures.
- Accept assigned duties in a cooperative manner and perform all other related duties as assigned by supervisor.
- Be flexible in schedule of hours worked, including overtime, scheduled weekends, holidays, and rotating shifts when necessary.

Working Conditions and Physical Demands

The working conditions and physical demands described here are representative of those that must be met by an employee to successfully perform the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.

- Ability to access all areas of the center throughout the workday.
- Ability to lift up to 50 pounds occasionally, 25 pounds frequently, and 15 pounds constantly; required to obtain assistance of another qualified employee when attempting to lift or transfer objects over 25 pounds.
- Requires constant hand grasp and finger dexterity; frequent sitting, standing, walking and repetitive leg and arm movements, occasional bending, reaching forward and overhead; squatting and kneeling.
- Ability to taste and smell is required.
- Must have ability to communicate verbally with an excellent comprehension of the English language.
- Work is generally performed in an indoor, well-lighted, well-ventilated, heated, and air-conditioned environment.



Experience

- Minimum of one (1) year of documented experience working with a frail or elderly population as a physical therapist assistant.
- Appropriate clinical placement experience may be substituted.

Knowledge, Skills, and Abilities

- Ability to cope with mental and emotional stress related to the position; and must have personal integrity.
- Ability to function independently and to work effectively and in a collegial manner with all members of the interdisciplinary team, co-workers, and department heads.
- Ability to relate to the public and governmental agencies in a pleasant, patient, and professional manner.
- Well organized, dependable, flexible, and resourceful
- Must have excellent communication skills.

Education and Certification

- Associate's degree (2 yrs.) in physical therapy assistant from CAPTE (Commission on Accreditation in Physical Education) accredited program.
- Maintains current license with the state of California.
- Is medically cleared for communicable diseases and has all immunizations up-to-date before engaging in direct participant contact.
- Current CPR is required before engaging in direct participant contact.